

Castiglione della Pescaia

Castiglione della Pescaia, regionally simply abbreviated as **Castiglione**, is an ancient seaside town in the province of Grosseto, in Tuscany, central Italy. The modern city grew around a medieval fortress (Italian: **castello**) and a large fishery, from which it acquired its designation. Today Castiglione is a tourist destination thanks to its beaches, its fortress and the natural reserve *Diaccia Botrona*, a swampy humid environment whose wildlife include flamingoes, mallards and ducks. In 2014 it ranked 4th among the most visited destinations in Tuscany, with approximately 1.3 million tourist arrivals, only preceded by Florence, Pisa and Montecatini Terme.

In 2015 Castiglione's sea was nominated as Italy's best sea by the national non-governmental environmentalist organisation Legambiente. Castiglione della Pescaia consists of a High City built on the hill that ends a chain of hills towards the sea, and of a Low City at the foot of the former, straddling the drainage canal and marina that form the central part of town.

Castiglione is located in the South-Western portion of Tuscany, with a view of the islands of Elba and Giglio, and of the promontory of Argentario. The hills that back the city slope into beaches that front the town in its entirety.

To the East of Castiglione is the rich floodplain of the Ombrone river. Nothing much remains of the ancient lake Prile that used to be Castiglione's life-blood.



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The YMCA BASEBALL ACADEMY has three main objectives :

- 1) Promoting the sport of baseball in children aged 6-10 (mini-baseball) and youths 11-14 (introductory competition training) .
- 2) Providing qualified assistance (general training and technical skill improvement) to already active baseball players and update and refresher courses for baseball coaches.
- 3) Host teams and organizations for stages and training periods



LOC CASAMORA – CASTIGLIONE DELLA PESCAIA - 58043– ITALY

SPACE JAM SCHOOL

Program aimed at introducing and promoting the sport among children aged 6 to 10. It meets four times per week: once on psychomotor skills and basketball fundamentals and three on psychomotor skills and baseball fundamentals. Who wants has the 4th time in swimming pool.

The program is conducted in school gyms located in the province and are directed by qualified and specifically trained coaches.

YMCA YOUTH ACADEMY

Training and development of baseball technical fundamentals conducted on the field under the guidance of the entire academic staff: physical trainer, role specific coaching staff and physical therapist. The program is intended for youths eligible to play on federated teams in the "under 15" and "under 12" categories. Youths falling into the "under 18" category are placed in the Pro category. This group requires the highest level of motivation in order to maximize on the game's appeal and minimize the risk of dropping out.



SUMMER BASEBALL CAMP

The camps last one week each.

Our goal is to give young players the opportunity to improve their skills through a training baseball program that gives them the opportunity to growing up in a stimulant and fun environment.

They live an unique experience as they stay all day long together and can sleep in the camp close to the field.

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HOST TEAM FOR SPRING TRAINING

The third direction in which YMCA School & baseball Academy works is to promote sportive tourism.

Thanks to favourable weather conditions is an ideal place for spring training and/or instructional league as well as a base to tour beautiful Tuscany.